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# baby story

HERITAGE  MAKERS™

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A guide to help you write your family's stories—your heritage. (21 pages)

## **Directions:**

This Story Map will help guide you as you write and preserve your most precious memories. As you combine stories and photos you'll create a valuable treasure that can be shared for many years to come.

**Step 1.** Read through the following questions and answer them. You may need to involve others with interviews and gathering information, or just answer the questions on your own. You do not need to answer each question or even use each theme; these are meant merely as guidelines. As you answer the question(s), your answers become the story.

**Step 2.** Get your photos scanned and uploaded into your Studio account. Your personal publishing consultant can help you get all of your photos scanned quickly and easily with scanning services. Just ask!

**Step 3.** Start creating. You can design your own page from scratch or use one of the many Heritage Makers' pre-designed templates.

Your book will have 21 pages. Additional pages are available for a minimal printing cost.

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## **Front Cover**

Image  
Title  
Author

## **Page 1**

Image  
Title of book  
Author

You may also use this page for a special dedication, quote or poem.

## **Pages 2 & 3**

*Theme: Family History*

Here is your chance to give some background information about the baby's family and the mom and dad's romance.

1. How and when did the baby's parents meet and fall in love?
2. Where did the family live when the baby was born?
3. How many children were in the family before the baby was born?
4. What does the baby's family do for fun?
5. Where do the baby's parents work?
6. Are there any funny stories in the baby's family?

## **Pages 4 & 5**

*Theme: More About Family Life*

Tell about family life before news of the baby came.

1. What do the baby's parents like to do as a couple?
2. What was the family life like before the baby came?
3. What goals did the family have at this time?
4. Does the family have special reunions and other get-togethers?
5. What are the names of grandparents and other relatives?
6. What do the baby's siblings or cousins do for fun?

## Pages 6 & 7

Theme: *The Baby is Coming*

Describe how everyone found out about the baby.

1. When did the parents find out they were expecting?
2. Whom did the parents tell first?
3. How did siblings and relatives react to the news?
4. Are there any funny stories or thoughts related to the baby's coming?
5. When did the baby start to kick, move in womb, etc. – his or her mother knew the baby was there because the mother could feel him or her?
6. What plans were made for the baby's arrival?

## Pages 8 & 9

Theme: *The Excitement of Expecting*

Here you may showcase the joys and wonder of expecting a baby.

1. Did the mother have any interesting food cravings?
2. How did others react to those cravings?
3. What were the reactions to the ultrasound of the baby?
4. When did the baby first move in the mother's tummy?
5. Was the mother in school or working during this time?
6. Did the parents have any expectations for the baby?

## Pages 10 & 11

Theme: *Friends and Family*

This is a great place to express gratitude for those who helped prepare for the baby.

1. Who helped prepare for the baby's arrival?
2. Did friends or relatives throw the mother a shower?
3. What gifts did the mother receive in celebration of the baby?
4. Who was expected to attend the delivery?
5. Was the baby named after anyone special?
6. Were there any predictions made about the baby?

## Pages 12 & 13

Theme: *Baby Arrives*

Describe the anticipation and excitement of delivery.

1. What began to happen when the mother went into labor?
2. What happened during the delivery?
3. Who was there for the delivery?
4. Where and when was the baby born?
5. What things were the parents thinking about during the labor/delivery?
6. What were the parents' first thoughts and words?

## Pages 14 & 15

Theme: *Vital Statistics*

Here the story shifts to the baby! Tell about your little baby.

1. What was the weight and height of the baby?
2. What comments did people make about the baby?
3. Whom did the baby look like?
4. Who gave the baby his or her first bath?
5. What was the name of the baby's doctor?
6. Where was the baby born?

## Pages 16 & 17

Theme: *Baby's First Day*

Preserve your first day with your baby on this page.

1. How was the hospital stay for mother and baby?
2. How did the father and siblings survive without mom around?
3. How did the newborn react to his or her parents?
4. Are there any funny stories about the baby's first day?
5. How was the mom's recovery?
6. What outfit did the baby wear his or her first day?

## Pages 18 & 19

Theme: *Good Wishes and Visitors*

Here you might want to highlight special visitors who came to see the baby.

1. Who came to visit the baby?
2. Does the baby have godparents? If so, who are they?
3. What reactions did visitors have about the baby?
4. Were there any special or important phone calls?
5. Were there any surprises from visitors or friends?
6. What special messages were sent for the mother and new baby?

## Pages 20-21

Theme: *Finally Home*

This is an opportunity to tell about the baby's homecoming and other exciting events.

1. What did the baby wear home from the hospital?
2. Did the baby share a room with anyone?
3. How did the siblings, if any, react to the new baby being home?
4. How did the baby sleep his or her first night home?
5. How did the family's life change with the new baby?

## Back Cover

Image

Quote or Message

You may also want to include...

### Finishing Touches (optional):

- Family Tree
- Collage of photos (with or without quotes)
- Dreams for your lives together
- Keepsakes and mementos – wedding announcement, love letters, ticket stubs from dates, etc.

Have questions? Want a little help? Give your personal publishing consultant a call!